

# SHIPLEY NOVICES

## 2012

*10<sup>th</sup> & 11<sup>th</sup> March*



*Shipley Pool  
Alexandra Road  
Shipley  
BD18 3ER*

**Closing Date for Entries is the 28<sup>st</sup> February 2012**

For more information please contact:  
Shân Veasey,  
Diving Development Manager,  
Bingley Pool, Myrtle Place,  
Bingley, BD16 2LF, 01274 438787  
Email: [shan.veasey@bradford.gov.uk](mailto:shan.veasey@bradford.gov.uk)

## Event Conditions

<b>Boys &amp; Girls - Group F</b>		
<b>Platform</b>	<b>Skill</b>	<b>DD</b>
<b>Poolside</b>	101A	<b>1.0</b>
	200C with Arm swing	<b>1.0</b>
<b>1m</b>	Optional Dive from list A	<b>Fina DD Unless stated</b>
	10B - Fwd Pike Fall Hands Grabbed	<b>1.0</b>

<b>Boys &amp; Girls - Group E/D/C</b>		
<b>Platform</b>	<b>Skill</b>	<b>DD</b>
<b>Poolside</b>	101C	<b>1.0</b>
	200C with Armswing	<b>1.0</b>
<b>1m</b>	Optional Dive from list B	<b>Fina DD Unless stated</b>
	Optional Dive from list B	<b>Fina DD Unless stated</b>
<b>3m</b>	Line Up from List E	<b>As Listed</b>
	Different Line Up from List E	<b>As Listed</b>

<b>Boys &amp; Girls - Group B</b>		
<b>Platform</b>	<b>Skill</b>	<b>DD</b>
<b>1m</b>	Choose 5 Dives from list C 1 Repeat allowed, @ a DD of 1.0	<b>Fina DD unless stated</b>
<b>3m</b>	Choose 3 Dives from list D 1 Repeat allowed, @ a DD of 1.0	<b>Fina DD unless stated</b>
	Line up from list E	<b>As Listed</b>
	Any different line up from list E	<b>As Listed</b>

## Dive Lists

List A: 101C, 401C, 201C, 20A\* (1.2)

List B: 20A\* (1.2), 101c/b, 201c/b, 301c/b, 401c/b, 102 c/b, 103c/b

List C: 101c/b, 201c/b, 301c/b, 401c/b, 102c/b, 402c/b, 202c/b, 302c/b, 103c/b, 403c, 203c, 303c, 5122d, 5221D, 104c

List D: 101c/b, 201c/b, 301c/b, 401c/b, 103c/b, 403c, 203c, 303c, 5132D, 5231D, 105c

List E: 10B (1.0), 11C (1.2), 21C\*\* (1.3), 20A\*\*\* (1.4)

### Note

Any Two of the Above Line-ups can be used, Back Line-up is not Compulsory.

## INSTRUCTIONS FOR LINE-UPS

\* 20A performed from the 1m board may be performed with arms raised or on thighs at the start

\*\* Back Tuck Roll will be performed from a Crouch Position on Toes (Not sitting)

\*\*\* Arms must be held down on Thighs at start (Hand Grab Optional), then arms move close to body into line-up position as the diver falls.

## Judging

Clubs will be required to provide a judge for the event, judging rota will be provided at the event.

## Ineligibility Clause

Any Diver that has competed in Elite Junior Nationals is ineligible for this event.

Any Diver that has competed at National/Regional Age groups and remains in the same age category is ineligible for this event.

## **SAFTEY NOTICE FOR ALL DIVERS AND COACHES**

Shipley Pool has a depth of 3.8M under the diving boards, this maybe shallower than your local pool. Please inform your divers of the Pool Depth. The pool also raises to a depth of 1.2m at the swimming pool end, please make sure there is no diving performed in this area of the pool. All Poolside dives should be performed under the 5M Board or poolside locations, within the marked area.

## SHIPLEY NOVICES 2011

### PROVISIONAL TIMETABLE

#### TRAINING

Training will be available Friday between 6-8 pm and limited training will be available before each day.

#### **SATURDAY 10<sup>TH</sup> MARCH 2012**

General training Events 1-4:	11:00 am-12:00 pm
Restricted Training Event 1-3:	12:00 - 12:30pm
Start	12:45pm
Event 1	Boys and Girls Group F
Event 2	Boys Group B
Event 3	Boys Group C
Lunch/Restricted Training event 4	2.30 to 3.00pm
Event 4	Girls Group D

Approximate finish time of 4.00 pm

#### **SUNDAY 11<sup>TH</sup> MARCH 2011**

General training Events 5-8	09.00 am-10:00 am
Restricted Training Event 5 & 6	10:00 - 10:30am
Start	10.45am
Event 5	Girls Group C
Event 6	Boys & Girls Group E
Lunch / Restricted Training event 7 & 8	1.00 pm to 1.30 pm
Event 7	Girls Group B
Event 8	Boys Group D

Approximate finish time of 3.00 pm

COBE Diving Club reserve the right to split or join categories according to entry numbers and alterations to times may occur according to entry numbers.

### **Team points**

Team Points will be awarded as follows 1<sup>st</sup>, 15pts, 2<sup>nd</sup>, 12pts, 3<sup>rd</sup>, 10pts ... to 12<sup>th</sup>, 1pt. 2 divers to count per club. The winning team will take home the Shipley Novices Trophy, previously won by:

2005:	Edinburgh Diving Club
2006:	City of Leeds Diving Club
2007:	City of Leeds Diving Club
2008:	City of Leeds Diving Club
2009:	Edinburgh Diving Club
2010:	Edinburgh Diving Club
2011:	City of Leeds Diving Club

**Each event will be preceded by parades & followed by a presentation of medals  
Top 3 Divers will be awarded medals and there will be Certificates for all Participants**

### **Accommodation Information**

#### **Abbey Guest House:**

62 Kirkgate, Shipley: 01274 583854 —This hotel has 45 rooms and is 100yds from the pool for further details see [www.abbeylodge.net](http://www.abbeylodge.net)

#### **Clifton Lodge Guest House:**

75 Kirkgate, Shipley: 01274 580509 - 12 rooms and 100 yds from the pool.

#### **Ibis Hotel:**

Salts Mill Road, Shipley: 01274 589333— Discounts offered at managers discretion

### **Directions to Shipley pool**

At the end of M606(From M62) , At the roundabout, take the third exit onto A6177 for 0.6 miles, At the roundabout, take the third exit onto A641 for 1.5 miles, At the roundabout, take the first exit onto A6181 for 0.7 miles, Bear left onto Slip Road for 0 miles, Turn left onto A650 for 2.5 miles, Turn right onto Saint Paul's Road for 0.2 miles, Turn right onto Back Kirkgate for 0.1 miles, Arrive at the pool for 0 miles

[www.bradfordesprit.co.uk](http://www.bradfordesprit.co.uk)

## HOW TO ENTER THE EVENT

To enter the Event, Bradford Esprit requests that all clubs complete their entries on the attached form to be submitted either electronically or in the post to Teri Leigh. Late entries will be subject to a late fee of £5 per diver. Please complete the form fully with correct spelling as this information will be used for the program. Payments should be made payable to 'Bradford Esprit'.

Teri Leigh  
1 Rush Croft  
Thackley  
Bradford  
BD10 8WN

Email [bradfordesprit@gmail.com](mailto:bradfordesprit@gmail.com)  
Tel: 07940556593

Please supply an email address and phone number which should be used in case of queries or to contact clubs in the event of the timetable changing from the provisional

**Entry fee per Diver is £8.50**

*Dive sheets should be submitted electronically on diverecorder. They should be received by 3rd March*